



## TIP SHEET:

### San Diego Child and Adolescent Needs and Strengths (SD CANS & SD CANS-EC) & Pediatric Symptom Checklist (PSC & PSC-Y)

This tip sheet is to aid in the process of completing the CANS/PSC tools. Please see prior notification sent to providers with more detail located [here](#) on our website at [www.optumsandiego.com](http://www.optumsandiego.com). Providers must complete the CANS certification prior to administering the CANS tools.

Effective July 1, 2019, The County of San Diego is mandated by the State to implement and manage tools to measure treatment outcomes. The Child and Adolescent Needs and Strengths (CANS) and the Pediatric Symptom Checklist (PSC - 35) are the new outcome tools for the County of San Diego Mental Health Plans for all new youth ages 0 - 21 entering services.

#### **Who needs to complete the CANS outcomes tools:**

All providers rendering **therapy** services to youth ages 0 - 21 must complete the following tools when applicable.

#### **What needs to be completed:**

- SD CANS – EC by provider for youth ages 0 – 5 years of age
- SD CANS by provider for youth ages 6 – 21 years of age
- PSC by caregiver of youth 3-18 years of age
- PSC-Y by youth 11-18 years of age



#### **Where can I find the tools that need to be administered:**

<https://medschool.ucsd.edu/som/psychiatry/research/CASRC/resources/SOCE/Pages/CYFmHOMS-DES.aspx>

#### **Pediatric Symptom Checklist (PSC) Forms**

-  PSC Parent/Caregiver - English, v.10/2018
-  PSC Parent/Caregiver - Spanish, v.6/2018
-  PSC Parent/Caregiver - Tagalog, v.6/2018
-  PSC Parent/Caregiver - Arabic, v.6/2018
-  PSC Parent/Caregiver - Vietnamese, v.6/2018
-  PSC Parent/Caregiver - Farsi, v.6/2018
-  PSC Youth - English, v.10/2018
-  PSC Youth - Spanish, v.6/2018
-  PSC Youth - Tagalog, v.6/2018
-  PSC Youth - Arabic, v.6/2018
-  PSC Youth - Vietnamese, v.6/2018
-  PSC Youth - Farsi, v.6/2018

#### **San Diego Child and Adolescent Needs and Strengths - 50 (SD-CANS)**

-  SD-CANS, v.6/2019
- SD-CANS (Interactive form), UNDER REVISION
-  SD-CANS Manual, v.4/2018

#### **San Diego Child and Adolescent Needs and Strengths - Early Childhood (SD CANS-EC)**

-  SD CANS-EC, v.6/2019 **(TO BE ADMINISTERED EFFECTIVE 7/1/2019 FOR CHILDREN AGES 0-5)**
-  SD CANS-EC Manual, v.6/2019



**CANS/PSC tools must be completed and submitted to Optum:**

- With Initial Authorization Requests (or ITP)
- With Continued Authorization Request (or TPU) or every 6 months (whichever occurs first)
- Upon discharge

**PROVIDER STEPS:**

1. Provider must be CANS Certified (San Diego CANS 1.0)
2. Provider will administer CANS as outlined above
3. Provider will collect the PSC and PSC-Y (when applicable) from youth and caregiver as outlined above
4. Provider will submit both tools (CANS/PSC) to Optum for tracking and data entry
5. Provider will receive reports on past due tools
6. Provider may need to complete Provider/Family Letter to have in client file TBD
7. Provider will receive reports from outcome data to review and utilize in treatment planning
8. Provider will need to be recertified for the CANS on a yearly basis (1x per year)