

Diagnostic Clarification and Treatment Recommendations for TERM Psychological Evaluation (Adoptions) - CHILD/YOUTH

See TERM Handbook sections on "Required Format and Elements of a CFWB Psychological Evaluation" posted on Optum TERM Website www.optumsandiego.com/

ALL EVALUATIONS OF A CHILD/YOUTH

Please include the following elements in your evaluation:

- a. Review of educational and mental health records documenting child's status prior to the abuse/neglect, if available, to obtain estimate of pre-morbid functioning.
- b. Review of CWS Jurisdiction/Disposition Report, other significant additional court reports i.e. those that document major changes in the child's situation.
- c. Review of the History of Child Placements report, if child has not just become a dependent.
- d. Review of child's most current Health and Education Passport.
- e. Collateral interviews with teacher(s), past mental health providers, extended family members or friends who knew the child prior to the abuse/neglect (if that is applicable).
- f. Clinical interview and behavioral observation of the child.
- g. General screen of the child's cognitive/intellectual functioning using appropriate assessment instruments, paying special attention to assessment of impairment in attention and concentration.
- h. For evaluations of Emotional Damage (W&I Code 300c): Compare current cognitive functioning with pre-morbid level of functioning (if possible).
- i. Objective measures of personality and psychopathology, normed and validated with internal measures of validity/response bias, are required for all psychological evaluations, unless there is valid clinical justification for not doing so specified in the report (i.e., due to cognitive or psychiatric compromise, lack of age appropriate measures, literacy limitations, or significant defensiveness invalidating results). An appropriate alternative is to rely on other assessment components (behavioral observation, collateral reports, clinical interview) and acknowledge potential consequent limitations in the report. The lack of normative data and objective scoring limit the usefulness of projective or "performance-based" instruments in the forensic context. Reliance on instruments that lack requisite scientific validity and/or reliability will not meet TERM standards for quality review.
- j. Objective, standardized instruments that assess trauma-related symptomatology also should be utilized whenever indicated and feasible based on the child's age and cultural/linguistic background. Consider administration of trauma-specific instrument, such as Trauma Symptom Checklist for Children (TSCC; Briere, 1996).
- k. DSM-5-TR diagnosis including code specifiers.

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ADOPTION EVALUATIONS OF A CHILD/YOUTH

An adoption is finalizing for a child and an evaluation of the child’s social, emotional, behavioral, and cognitive functioning is required as part of the adoption finalization process.

Specific questions to address and document in the evaluation narrative include:

- a. What is the child’s cognitive/intellectual functioning?
- b. What is the child’s emotional and psychological functioning?
- c. What impact, if any, has this child’s history of abuse, neglect, and/or multiple placements had on the development of emotion and cognitive regulation?

If therapy and/or other interventions appear to be indicated at this time:

- a. What are the treatment recommendations?
- b. Are there specific cultural/linguistic considerations regarding intervention choice or approach?
- c. Is there a specific treatment modality or intervention that may be most appropriate?
- d. For a child with this clinical presentation, what is the typical required length of treatment to see a significant reduction in symptoms and/or increase in psychosocial functioning?