



Assessment Tools

*Formal assessment of parenting and mental health is required during the intake process. Many of the measures can also be used to assess treatment progress. Below is a non-exhaustive list of potential measures to be included in the intake and treatment process:

Parenting Assessment	Mental Health Assessment	Substance Abuse Assessment*
<p>Parenting Stress Index, 4th Edition (PSI-4), 2012: a 120-item inventory for parents of children up to age 12 years; measures child characteristics, parent characteristics, and situational/demographic life stress. Available in English and Spanish.</p>	<p>Beck Depression Inventory -II (BDI-II), 1996: A 21 question multiple choice self-report inventory, one of the most widely used instruments for measuring the severity of depression. The test is designed for ages 13-80 and is available in both English and Spanish.</p>	<p>The Drug Abuse Screening Test (DAST)*, 1982: A 28-item self-report scale that has been found to be a sensitive screening instrument for the abuse of drugs other than alcohol. Ages 18 and up.</p>
	<p>Beck Hopelessness Scale (BHS), 1993: A 20 question multiple choice self-report inventory that was designed to measure three major aspects of hopelessness: feelings about the future, loss of motivation, and expectations. The test is designed for adults 17-80.</p>	<p>The Michigan Alcoholism Screening Test (MAST)*, 1986: Devised to provide a consistent, quantifiable, structured interview instrument to detect alcoholism, consists of 25 questions that can be rapidly administered. Ages 18 and up.</p>
	<p>Posttraumatic Stress Diagnostic Scale (PDS), 1995: A 49 item self-report inventory that helps providers screen for the presence of PTSD and can be used over the course of treatment to gauge changes in symptom severity. It requires an 8th grade reading level and is designed for individuals ages 18 to 65.</p>	<p>Adult Substance Abuse Subtle Screening Inventory-3: (SASSI-3), 1998. Identifies high or low probability of substance dependence disorder and provides clinical insight into level of defensiveness, willingness to acknowledge problems and the desire for change. For ages 18 and up, available in English and Spanish.</p>
	<p>Detailed Assessment of Posttraumatic Stress (DAPS), 2003: A 104-item measure that assesses both current and historical trauma exposure and dissociative, cognitive, and emotional responses. Ages 18-91 years.</p>	
	<p><i>Symptom Checklist-90-Revised (SCL-90-R)</i>, 1994: A 90 item instrument that helps evaluate a broad range of psychological problems and symptoms of psychopathology.</p>	



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<i>Parenting Assessment (required)*</i>	<i>Mental Health Assessment (required)*</i>	<i>Substance Abuse Assessment</i>
	<p>Beck Anxiety Inventory (BAI), 1993: A 21-item multiple-choice self-report inventory that was designed to measure severity of anxiety. The test is designed for ages 17-80 and is available in both English and Spanish.</p>	
	<p>Beck Scale for Suicide Ideation (BSS), 1991: A 21-item multiple-choice self-report inventory that was designed to measure suicidal intent. The test is designed for ages 17 and older and is available in both English and Spanish.</p>	