



## Assessment Tools

\*Formal substance abuse and domestic violence risk assessment are required during the intake process. Many of the measures can also be used to assess treatment progress. Below is a non-exhaustive list of potential measures to be included in the intake and treatment process:

Domestic Violence Risk Assessment (required)*	Substance Abuse Assessment (required)	Mental Health Assessment	Trauma Assessment	Domestic Violence Treatment Needs Assessment
<p>Danger Assessment (DA) (Cambpell, 2019): Structured guidelines for assessing the risk of lethal intimate partner violence; identifies 15 risk factors for violence coded on the basis of interviews with victims. Designed to diagnose risk of lethal violence and extreme dangerousness. According to Roehl et al. (2005), using the DA combined with the individual's perception of risk was the best mode for predicting re-assault. Alone perception of risk was not as predictive as the DA (Cambpell, Sharps &amp; Glass, 2000).</p>	<p>The Drug Abuse Screening Test (DAST)*, 1982: A 10 item self-report scale that has been found to be a sensitive screening instrument for the abuse of drugs other than alcohol. Ages 18 and up.</p>	<p>Beck Depression Inventory – II (BDI-OO), 1996: A 21 question multiple choice self-report inventory, one of the most widely used instruments for measuring the severity of depression. The test is designed for ages 13-80 and is available in both English and Spanish.</p>	<p>Posttraumatic Stress Diagnostic Scale (PDS), 1995: A 49 item self-report inventory that helps providers screen for the presence of PTSD and can be used over the course of treatment to gauge changes in symptom severity. It requires an 8<sup>th</sup> grade reading level and is designed for individuals ages 18 to 65</p>	<p>Domestic Situation Inventory (DSI) (Brady, 2004): A counseling tool that provides awareness, promotes prevention, enhances resiliency, and encourages early intervention in violent relationships. It consists of 155 questions about women's home-life situations. It yields a score on a continuum of risk for further DV. Supplemental scales include: Hopelessness/Depression, Powerlessness/Helplessness, Threatening Behaviors, and Violent Behaviors.</p>
	<p>The Michigan Alcoholism Screening Test (MAST)*, 1986: Devised to provide a consistent, quantifiable, structured interview instrument to detect alcoholism, consists of 25 questions that can be rapidly administered. Ages 18 and up.</p>	<p>Beck Hopelessness Scale (BHS), 1993: A 20 question multiple choice self-report inventory that was designed to measure three major aspects of hopelessness: feelings about the future, loss of motivation, and expectations. The test is designated for adults 17-80.</p>	<p>Detailed Assessment of Posttraumatic Stress (DAPS), 2003: A 104 item measure that assesses both current and historical trauma exposure and dissociative, cognitive, and emotional responses. Ages 18-91.</p>	<p>The Domestic Violence Survivor Assessment (DVSA) (Dienemann, 2007): Based on Prochaska's Trans-theoretical Model of Change. The model helps health care providers and abused individuals identify issues and feelings created by DV to guide counseling. It is easy to administer and has been used in outcome studies. The DVSA assesses both perceptions of the relationship with the abuser and individual's needs, along with gives information on stages of change. The scale provided is for individual use only.</p>



Domestic Violence Risk Assessment (required)*	Substance Abuse Assessment (required)*	Mental Health Assessment	Trauma Assessment	Domestic Violence Treatment Needs Assessment
	<p>Adult Substance Abuse Subtle Screening Inventory – 4 (SASSI-4), 1988: Identifies high or low probability of substance dependence disorder and provides clinical insight into level of defensiveness, willingness to acknowledge problems and the desire for change. For ages 18 and up, available in English and Spanish.</p>	<p>Suicide Probability Scale, 1998: A self-report measure, which gives an overall indication of suicide risk and 4 subscales (hopelessness, suicidal ideation, negative self-evaluation, &amp; hostility). Ages 18 and older.</p> <p>Brief Symptom Inventory (BSI), 1993L A 53 item self-report scale used to measure 9 symptom dimensions (somatization, obsessive-compulsive behavior, interpersonal sensitivity, depression, anxiety, hostility, phobic anxiety, paranoid ideation, and psychoticism), and three global indices [Global Severity Index (GSI), Positive Symptom Distress Index (PSDI), and Positive Symptom Total (PST)]. Ages 13 and older.</p>	<p>Posttraumatic Stress Diagnostic Scale (PDS), 1995: A 49 item self-report inventory that helps providers screen for the presence of PTSD and can be used over the course of treatment to gauge changes in symptom severity. It requires an 8<sup>th</sup> grade reading level and is designed for individuals ages 18 to 65</p>	<p>Dyadic Adjustment Scale (DAS), 1985: A 32 item self-report measure to assess degree of relationship satisfaction for individuals in marital or cohabitating relationships. It can be administered to an individual or couple. Scales: Dyadic Satisfaction, Dyadic Cohesion, Dyadic Consensus, and Affectional Expression. Ages 18 and older.</p> <p>Women’s Experiences with Battering Scale (WEB) (Smith, Thornton, DeVellis, Earp, &amp; Coker, 2002): A 10 item scale assessing women’s experiences when feeling controlled, vulnerable, and fearful in the context of an abusive relationship. It addresses the experiential, rather than behavioral features of battering, in particular, its meaning and consequences of battering victims.</p>



Domestic Violence Risk Assessment (required)*	Substance Abuse Assessment (required)*	Mental Health Assessment	Trauma Assessment	Domestic Violence Treatment Needs Assessment
		<p>Beck Scale for Suicide Ideation (BSS), 1991: A 21 item multiple-choice self-report inventory that was designed to measure suicidal intent. The test is designed for ages 17 and older and is available both in English and Spanish</p>		
		<p>Beck Anxiety Inventory (BAI), 1993: A 21 item multiple-choice self-report inventory that was designed to measure severity of anxiety. The test is designed for ages 17-80 and is available in both English and Spanish.</p>		