

# Recovery Services in the DMC-ODS

10/17/2017

From the Standard Terms and Conditions (STCs) of the DMC-ODS Waiver

## Definition

Recovery services are important to the beneficiary's recovery and wellness. As part of the assessment and treatment needs of Dimension 6, Recovery Environment of the ASAM Criteria and during the transfer/transition planning process, beneficiaries will be linked to applicable recovery services. Treatment is designed to emphasize the beneficiary's central role in managing their health, promote the use of effective self-management support strategies, and provide internal and community resources to support ongoing self-management support to patients. Services are provided as medically necessary.

## How Recovery Services can be delivered to a beneficiary

Beneficiaries may access medically necessary recovery services after completing their course of treatment. Services are available whether they are triggered, have relapsed, or as a measure to prevent relapse. May be provided face-to-face, by telephone, or by telehealth with the beneficiary and may be provided anywhere in the community.

## Components of Recovery Services

Outpatient Counseling Services in the form of individual or group counseling to stabilize the beneficiary and reassess if further care is needed;

Recovery Monitoring, including recovery coaching and monitoring via telephone / telehealth;

Substance Abuse Assistance, including peer-to-peer services and relapse prevention;

Support for Education and Job Skills, such as linkages to life skills, employment services, job training, and education services;

Family Support, such as linkages to childcare, parent education, child development support services, and family /marriage education;

Support Groups, including linkages to self-help and faith-based support; and,

Ancillary Services, such as linkages to housing assistance, transportation, case management, and individual services coordination.

## Who can provide Recovery Services

A Licensed Practitioner of the Healing Arts (LPHA), an AOD counselor, or peer (for substance abuse assistance) may provide recovery services. The individual providing services must be linked, at a minimum, to a DMC certified site/facility.

## Resources

STCs related to the DMC-ODS:  
[https://www.optumsandiego.com/content/dam/san-diego/documents/dmc-ods/manuals/STCs\\_2016.pdf](https://www.optumsandiego.com/content/dam/san-diego/documents/dmc-ods/manuals/STCs_2016.pdf)

DHCS FAQ: Recovery Services:  
[http://www.dhcs.ca.gov/provgovpart/Documents/DMC-ODS\\_Waiver/DMC-ODS\\_Recovery\\_Services\\_FAQ.pdf](http://www.dhcs.ca.gov/provgovpart/Documents/DMC-ODS_Waiver/DMC-ODS_Recovery_Services_FAQ.pdf)



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RECOVERY SERVICES