

Additional Resources

Client Plans & Progress Notes



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STRENGTHS TABLE

Ability to Form and Maintain Relationships	Curious
Ability to Manage Activities of Daily Living	Daily Living Skills
Ability to Navigate Public Transportation	Dependable
Academic History	Drug-free
Accepts Feedback from Others	Easy-going Appearance
Accepts Responsibility	Effective
Actively Seeking Information about Change	Efficient
Adaptable	Empathy/Caring
Adaptive Distancing/Resistance	Energetic
Adequate Decision-making Skills	Enterprising
Adventurous	Exercises Regularly
Affectionate	Faith/Spirituality
Alert	Flexibility
Ambitious	Forgiving
Artistic	Goal-Directed/Motivated
Athletic	Hard-working
Attentive	Has Transportation
Bold	Hobbies/Special Interests
Brave	Honest
Calm	Humble
Capable	Independent
Charming	Insight/Critical Thinking
Cheerful	Intelligent
Clean-cut Appearance	Internal Locus of Control
Communicates Well	Kind
Communication	Likeable
Compassion/Altruism	Living Environment
Competent	Long-term Sobriety in Past
Conscientious	Loyal
Considerate	Maintaining Personal Changes
Creative	Manages Finances Adequately

STRENGTHS TABLE

Mature	Responsible
Meticulous	Responsiveness
Open to Change	Self-Awareness
Open-minded	Self-Efficacy/Mastery
Optimism/Hope	Self-sacrificing
Organized	Sense of Empowerment
Other	Sense of Humor
Outgoing	Sense of Meaning
Patient	Sensitive
Peaceful	Serious
Physically Active	Stable Environment
Physically Attractive	Stable Family Life
Physically Healthy	Steady Demeanor
Physically Strong	Strong Cultural Identity
Physically Tough	Support System
Physically Versatile	Sympathetic
Planning	Tactful
Positive Identity	Taking Action for Personal Change
Positive Relationship with Parents	Tolerant
Positive Relationship with Siblings	Trusting
Practices Good Nutrition	Trustworthy
Prayerful	Utilizes Agreed-Upon Treatment Recommendations
Previous Positive Experience in Treatment	Verbal
Professional Demeanor	Vocational Skills
Quick Learner	Wants to Work
Reflective	Warm Personality
Relaxed	Wholesome
Religious	Wise
Reserved	Work History
Resourcefulness	

Area of Need: Abuse/Addiction Substance/Non-Substance

Goal: Increase freedom from abuse/addiction

Objectives:

Accept Feedback from Others	Identify Barriers	Learn/Practice Relaxation Techniques
Access Resources/Natural Support in Comm	Identify Behavioral Consequences	Learn/Practice Safe Sex
Address Abuse/Neglect Issues	Identify Irrational Thoughts	Learn/Practice Self-Monitoring
Address Cultural Identity Issues	Identify Medication Side Effects	Learn/Practice Social Skills
Address Gender Identity/Practices Issues	Identify Patterns in Compulsive Behavior	Learn/Practice Symptom Management
Address Outstanding Financial Issues	Identify Personal Strengths	Linkage to PCP or Comm'ty Medical Clinic
Address Outstanding Legal Issues	Identify Physical Health Care Needs	Obtain Medication Services
Address Sexual Issues	Identify Resources/Natural Support in Com	Other
Assessment of Risk	Identify Triggers for Behavior	Participate in Recovery Classes
Attend 12-Step Meetings Regularly	Improve Self Identity/Esteem	Participate in Reunification Plan
Attend Classes	Increase Periods of Abstinence	Reduce Avoidance and Isolation
Complete Treatment as Planned	Learn to Identify Symptoms	Reduce Compulsive/Addictive Behavior
Complete Withdrawal/Detox Phase	Learn/Follow Housing Rules	Reduce Family Stress
Comply with Drug/Alcohol Screens	Learn/Pract Appropriate Emotional Expres	Reduce Frequency/Intensity of Symptoms
Comply with Laws	Learn/Practice Alternative Behaviors	Reduce Hopelessness and Desperation
Develop Artistic/Creative Activities	Learn/Practice Anger Management	Reduce Hospitalization
Develop Coping Skills to Manage Issue(s)	Learn/Practice Communication Skills	Reduce Incarceration
Develop Recreational/Leisure Activities	Learn/Practice Community Living Skills	Reduce Individual Level of Stress
Develop Wellness Recovery Action Plan	Learn/Practice Coping Skills	Reduce Physical Aggression
Develop/Follow Routine or Structure	Learn/Practice Goal Setting	Reduce Risk of Harm
Develop/Practice Personal Safety Skills	Learn/Practice Good Nutrition	Reduce Self-Injurious Behaviors
Develop/Use Relapse Prevention Plan	Learn/Practice Good Sleep Habits	Reduce Social Anxiety
Educate Parent/Guardian	Learn/Practice Healthy Boundaries	Reduce Use of Drugs Including Alcohol
Educate Spouse/Partner	Learn/Practice Healthy Disagreement	Schedule/Attend Neuropsychological Eval
Educate Support System/Family/Friends	Learn/Practice Identifying Needs	Understand Need for Medication
Encourage Connection to PrimaryCare Prov	Learn/Practice Maintaining Friendships	
Engage with Peer Recovery Resources	Learn/Practice Medication Adherence	
Evaluate/Change/Stabilize LivingSituatio	Learn/Practice Money Management	
Expand and Utilize Support System	Learn/Practice Organization and Planning	
Explore Spirituality	Learn/Practice Pers Daily Living Skills	
Identify/Access Community Activities	Learn/Practice Problem Solving Skills	
Identify Alternative Behaviors	Learn/Practice Regular Exercise	

Area of Need: Basic Needs – Food, Clothing, Shelter

Goal: Meet basic needs

Objectives:

Access Resources/Natural Support in Comm	Learn/Practice Organization and Planning
Address Outstanding Financial Issues	Learn/Practice Pers Daily Living Skills
Address Outstanding Legal Issues	Learn/Practice Problem Solving Skills
Adjust to Life-Cycle Transition	Learn/Practice Public Transport Skills
Assess Situation and Identify Needs	Learn/Practice Symptom Management
Attend Classes	Obtain Financial Assistance/Benefits
Complete Treatment as Planned	Other
Comply with Laws	Participate in Medical/Dental Treatment
Cooperate with Criminal Justice System	Participate in Mental Health Treatment
Develop Coping Skills to Manage Issue(s)	Provide for Own Food/Clothing/Shelter
Develop/Follow Routine or Structure	Secure/Hold Stable Employment
Develop/Practice Personal Safety Skills	
Educate Parent/Guardian	
Educate Spouse/Partner	
Educate Support System/Family/Friends	
Engage with Peer Recovery Resources	
Evaluate/Change/Stabilize Living/Situatio	
Expand and Utilize Support System	
Identify/Access Community Activities	
Identify Alternative Behaviors	
Identify Barriers	
Identify Behavioral Consequences	
Identify Personal Strengths	
Identify Resources/Natural Support in Com	
Identify Start/Root of Issue	
Interact Appropriately with Others	
Learn/Follow Housing Rules	
Learn/Practice Alternative Behaviors	
Learn/Practice Communication Skills	
Learn/Practice Community Living Skills	
Learn/Practice Coping Skills	
Learn/Practice Goal Setting	
Learn/Practice Good Nutrition	
Learn/Practice Healthy Boundaries	
Learn/Practice Identifying Needs	
Learn/Practice Money Management	

Area of Need: Education

Goal: Improve educational status

Objectives:

Accept Feedback from Others	Learn/Practice Healthy Boundaries
Access Resources/Natural Support in Comm	Learn/Practice Identifying Needs
Assess Interests and Abilities	Learn/Practice Maintaining Friendships
Assess Situation and Identify Needs	Learn/Practice Medication Adherence
Attend Classes	Learn/Practice Organization and Planning
Clarify Educational Needs	Learn/Practice Pers Daily Living Skills
Complete Treatment as Planned	Learn/Practice Problem Solving Skills
Develop Coping Skills to Manage Issue(s)	Learn/Practice Public Transport Skills
Develop/Follow Routine or Structure	Learn/Practice Relaxation Techniques
Educate Parent/Guardian	Learn/Practice Self-Monitoring
Educate Spouse/Partner	Learn/Practice Social Skills
Educate Support System/Family/Friends	Learn/Practice Symptom Management
Engage with Peer Recovery Resources	Other
Evaluate/Change Education Environment	Participate in Education/Training Program
Exhibit Appropriate School Behavior	Reduce Avoidance and Isolation
Expand and Utilize Support System	Reduce Frequency/Intensity of Symptoms
Identify/Access Community Activities	Reduce Individual Level of Stress
Identify Alternative Behaviors	Reduce Physical Aggression
Identify Barriers	Reduce Reaction to Trauma Triggers
Identify Behavioral Consequences	Reduce Risk of Harm
Identify Issues Regarding Separation	Reduce Self-Infurious Behaviors
Identify Personal Strengths	Reduce Social Anxiety
Identify Resources/Natural Support in Com	Schedule/Attend Neuropsychological Eval
Identify Start/Root of Issue	Understand Need for Medication
Identify Triggers for Behavior	
Identify/Improve Technical Skills	
Improve Self Identity/Esteem	
Interact Appropriately with Others	
Learn to Identify Symptoms	
Learn/Pract Appropriate Emotional Expres	
Learn/Practice Alternative Behaviors	
Learn/Practice Anger Management	
Learn/Practice Communication Skills	
Learn/Practice Coping Skills	
Learn/Practice Goal Setting	
Learn/Practice Good Sleep Habits	

Area of Need: Emotional-Behavioral/Psychiatric
Goal: Improve/Maintain functioning
Objectives:

Accept Feedback from Others	Identify Patterns in Compulsive Behavior	Learn/Practice Safe Sex
Access Resources/Natural Support in Comm	Identify Personal Strengths	Learn/Practice Self-Monitoring
Address Abuse/Neglect Issues	Identify Physical Health Care Needs	Learn/Practice Social Skills
Address Cultural Identity Issues	Identify Resources/Natural Support in Com	Learn/Practice Symptom Management
Address Gender Identity/Practices Issues	Identify Source(s) of Family Conflict	Linkage to PCP or Comm'y Medical Clinic
Address Sexual Issues	Identify Start/Root of Issue	Obtain Medication Services
Adjust to Life-Cycle Transition	Identify Triggers for Behavior	Other
Assessment of Risk	Identify/Acknowledge Trauma	Participate in Mental Health Treatment
Complete Treatment as Planned	Identify/Obtain Health Insurance	Participate in Recovery Classes
Develop Artistic/Creative Activities	Improve Child-Parent Interactions	Participate in Reunification Plan
Develop Coping Skills to Manage Issue(s)	Improve Family Relationships	Provide for Own Food/Clothing/Shelter
Develop Cultural Identity/Practices	Improve Self Identity/Esteem	Reduce Avoidance and Isolation
Develop Recreational/Leisure Activities	Increase Quality Time in Relationship	Reduce Compulsive/Addictive Behavior
Develop Wellness Recovery Action Plan	Interact Appropriately with Others	Reduce Family Stress
Develop/Follow Routine or Structure	Learn to Identify Symptoms	Reduce Frequency/Intensity of Symptoms
Develop/Practice Personal Safety Skills	Learn/Pract Appropriate Emotional Expres	Reduce Hopelessness and Desperation
Develop/Use Journaling	Learn/Practice Alternative Behaviors	Reduce Hospitalization
Develop/Use Relapse Prevention Plan	Learn/Practice Anger Management	Reduce Incarceration
Educate Parent/Guardian	Learn/Practice Communication Skills	Reduce Individual Level of Stress
Educate Spouse/Partner	Learn/Practice Community Living Skills	Reduce Physical Aggression
Educate Support System/Family/Friends	Learn/Practice Coping Skills	Reduce Reaction to Trauma Triggers
Encourage Connection to PrimaryCare Prov	Learn/Practice Goal Setting	Reduce Risk of Harm
Engage with Peer Recovery Resources	Learn/Practice Good Nutrition	Reduce Self-Injurious Behaviors
Evaluate/Change Education Environment	Learn/Practice Good Sleep Habits	Reduce Social Anxiety
Evaluate/Change Work Environment	Learn/Practice Healthy Boundaries	Reduce Use of Drugs Including Alcohol
Evaluate/Change/Stabilize LivingSituatio	Learn/Practice Healthy Disagreement	Schedule/Attend Neuropsychological Eval
Exhibit Appropriate School Behavior	Learn/Practice Identifying Needs	Understand Need for Medication
Expand and Utilize Support System	Learn/Practice Maintaining Friendships	
Explore Spirituality	Learn/Practice Medication Adherence	
Identify/Access Community Activities	Learn/Practice Organization and Planning	
Identify Alternative Behaviors	Learn/Practice Pain Management	
Identify Barriers	Learn/Practice Pers Daily Living Skills	
Identify Behavioral Consequences	Learn/Practice Problem Solving Skills	
Identify Irrational Thoughts	Learn/Practice Public Transport Skills	
Identify Issues Regarding Separation	Learn/Practice Regular Exercise	
Identify Medication Side Effects	Learn/Practice Relaxation Techniques	

Area of Need: Family Stress

Goal: Reduce family stress

Objectives:

Accept Feedback from Others	Identify Personal Strengths	Reduce Avoidance and Isolation
Access Resources/Natural Support in Comm	Identify Physical Health Care Needs	Reduce Compulsive/Addictive Behavior
Address Abuse/Neglect Issues	Identify Resources/Natural Support in Com	Reduce Family Stress
Address Cultural Identity Issues	Identify Source(s) of Family Conflict	Reduce Frequency/Intensity of Symptoms
Address Gender Identity/Practices Issues	Identify Start/Root of Issue	Reduce Hospitalization
Address Outstanding Financial Issues	Identify Triggers for Behavior	Reduce Incarceration
Address Outstanding Legal Issues	Identify/Acknowledge Trauma	Reduce Individual Level of Stress
Address Sexual Issues	Identify/Obtain Health Insurance	Reduce Physical Aggression
Adjust to Life-Cycle Transition	Improve Care Giving Skills	Reduce Reaction to Trauma Triggers
Assess Situation and Identify Needs	Improve Child-Parent Interactions	Reduce Risk of Harm
Assessment of Risk	Improve Family Relationships	Reduce Self-Injurious Behaviors
Attend 12-Step Meetings Regularly	Increase Quality Time in Relationship	Reduce Use of Drugs Including Alcohol
Attend Classes	Interact Appropriately with Others	Secure/Hold Stable Employment
Complete Treatment as Planned	Learn/Pract Appropriate Emotional Expres	
Comply with Laws	Learn/Practice Acculturation	
Cooperate with Criminal Justice System	Learn/Practice Alternative Behaviors	
Develop Coping Skills to Manage Issue(s)	Learn/Practice Anger Management	
Develop Cultural Identity/Practices	Learn/Practice Communication Skills	
Develop Recreational/Leisure Activities	Learn/Practice Coping Skills	
Develop Wellness Recovery Action Plan	Learn/Practice Goal Setting	
Develop/Follow Routine or Structure	Learn/Practice Good Sleep Habits	
Develop/Practice Personal Safety Skills	Learn/Practice Healthy Boundaries	
Develop/Use Journaling	Learn/Practice Healthy Disagreement	
Educate Parent/Guardian	Learn/Practice Identifying Needs	
Educate Spouse/Partner	Learn/Practice Medication Adherence	
Educate Support System/Family/Friends	Learn/Practice Money Management	
Engage with Peer Recovery Resources	Learn/Practice Organization and Planning	
Evaluate/Change/Stabilize LivingSituatio	Learn/Practice Pers Daily Living Skills	
Exhibit Appropriate School Behavior	Learn/Practice Problem Solving Skills	
Expand and Utilize Support System	Learn/Practice Relaxation Techniques	
Explore Spirituality	Learn/Practice Self-Monitoring	
Identify/Access Community Activities	Learn/Practice Social Skills	
Identify Alternative Behaviors	Learn/Practice Symptom Management	
Identify Barriers	Other	
Identify Behavioral Consequences	Participate in Recovery Classes	
Identify Issues Regarding Separation	Participate in Reunification Plan	

Area of Need : Financial

Goal : Improve financial situation

Objectives:

- | | |
|---|--|
| Access Resources/Natural Support in Comm | Learn/Practice Organization and Planning |
| Address Outstanding Financial Issues | Learn/Practice Problem Solving Skills |
| Address Outstanding Legal Issues | Learn/Practice Self-Monitoring |
| Assess Situation and Identify Needs | Learn/Practice Symptom Management |
| Assessment of Risk | Obtain Financial Assistance/Benefits |
| Attend 12-Step Meetings Regularly | Obtain Legal Representation/Services |
| Attend Classes | Other |
| Clarify Job Dissatisfaction | Participate in Mental Health Treatment |
| Complete Treatment as Planned | Provide for Own Food/Clothes/Shelter |
| Develop Coping Skills to Manage Issue(s) | Reduce Compulsive/Addictive Behavior |
| Develop/Follow Routine or Structure | Reduce Family Stress |
| Educate Parent/Guardian | Reduce Individual Level of Stress |
| Educate Spouse/Partner | Reduce Risk of Harm |
| Educate Support System/Family/Friends | Reduce Use of Drugs Including Alcohol |
| Engage with Peer Recovery Resources | Secure/Hold Stable Employment |
| Evaluate/Change Work Environment | |
| Evaluate/Change/Stabilize Living/Situatio | |
| Expand and Utilize Support System | |
| Identify/Access Community Activities | |
| Identify Alternative Behaviors | |
| Identify Barriers | |
| Identify Behavioral Consequences | |
| Identify Patterns in Compulsive Behavior | |
| Identify Personal Strengths | |
| Identify Resources/Natural Support in Com | |
| Identify Start/Root of Issue | |
| Learn/Practice Alternative Behaviors | |
| Learn/Practice Avoiding Impulsivity | |
| Learn/Practice Communication Skills | |
| Learn/Practice Coping Skills | |
| Learn/Practice Goal Setting | |
| Learn/Practice Healthy Boundaries | |
| Learn/Practice Healthy Disagreement | |
| Learn/Practice Identifying Needs | |
| Learn/Practice Medication Adherence | |
| Learn/Practice Money Management | |

Area of Need: Identity Issues: Cultural/Gender
Goal: Reduce stress of identity issues
Objectives:

- Access Resources/Natural Support in Comm
- Address Abuse/Neglect Issues
- Address Cultural Identity Issues
- Address Gender Identity/Practices Issues
- Address Sexual Issues
- Adjust to Life-Cycle Transition
- Complete Treatment as Planned
- Develop Artistic/Creative Activities
- Develop Coping Skills to Manage Issue(s)
- Develop Recreational/Leisure Activities
- Develop/Practice Personal Safety Skills
- Educate Parent/Guardian
- Educate Spouse/Partner
- Educate Support System/Family/Friends
- Engage with Peer Recovery Resources
- Evaluate/Change Work Environment
- Evaluate/Change/Stabilize Living/Situatio
- Exhibit Appropriate School Behavior
- Expand and Utilize Support System
- Explore Spirituality
- Identify/Access Community Activities
- Identify Alternative Behaviors
- Identify Barriers
- Identify Behavioral Consequences
- Identify Personal Strengths
- Identify Resources/Natural Support in Com
- Identify Source(s) of Family Conflict
- Identify/Acknowledge Trauma
- Improve Care Giving Skills
- Improve Self Identity/Esteem
- Learn/Pract Appropriate Emotional Expres
- Learn/Practice Alternative Behaviors
- Learn/Practice Communication Skills
- Learn/Practice Coping Skills
- Learn/Practice Goal Setting
- Learn/Practice Healthy Boundaries

- Learn/Practice Healthy Disagreement
- Learn/Practice Identifying Needs
- Learn/Practice Maintaining Friendships
- Learn/Practice Medication Adherence
- Learn/Practice Problem Solving Skills
- Learn/Practice Safe Sex
- Learn/Practice Social Skills
- Learn/Practice Symptom Management
- Other
- Reduce Avoidance and Isolation
- Reduce Compulsive/Addictive Behavior
- Reduce Individual Level of Stress
- Reduce Self-Injurious Behaviors
- Reduce Social Anxiety
- Reduce Use of Drugs Including Alcohol
- Understand Need for Medication

Area of Need: Intimate Relationships

Goal: Improve intimate relationships

Objectives:

Accept Feedback from Others	Improve Care Giving Skills	Reduce Social Anxiety
Access Resources/Natural Support in Comm	Improve Child-Parent Interactions	Reduce Use of Drugs Including Alcohol
Address Abuse/Neglect Issues	Improve Family Relationships	Secure/Hold Stable Employment
Address Cultural Identity Issues	Improve Self Identity/Esteem	Understand Need for Medication
Address Gender Identity/Practices Issues	Increase Quality Time in Relationship	
Address Outstanding Financial Issues	Interact Appropriately with Others	
Address Outstanding Legal Issues	Learn/Pract Appropriate Emotional Expres	
Address Sexual Issues	Learn/Practice Alternative Behaviors	
Adjust to Life-Cycle Transition	Learn/Practice Anger Management	
Assess Situation and Identify Needs	Learn/Practice Communication Skills	
Assessment of Risk	Learn/Practice Coping Skills	
Attend 12-Step Meetings Regularly	Learn/Practice Goal Setting	
Complete Treatment as Planned	Learn/Practice Healthy Boundaries	
Comply with Laws	Learn/Practice Healthy Disagreement	
Cooperate with Criminal Justice System	Learn/Practice Identifying Needs	
Develop Coping Skills to Manage Issue(s)	Learn/Practice Maintaining Friendships	
Develop Recreational/Leisure Activities	Learn/Practice Medication Adherence	
Develop/Follow Routine or Structure	Learn/Practice Money Management	
Develop/Practice Personal Safety Skills	Learn/Practice Organization and Planning	
Educate Parent/Guardian	Learn/Practice Problem Solving Skills	
Educate Spouse/Partner	Learn/Practice Safe Sex	
Educate Support System/Family/Friends	Learn/Practice Self-Monitoring	
Engage with Peer Recovery Resources	Learn/Practice Social Skills	
Expand and Utilize Support System	Learn/Practice Symptom Management	
Explore Spirituality	Other	
Identify/Access Community Activities	Participate in Reunification Plan	
Identify Alternative Behaviors	Reduce Avoidance and Isolation	
Identify Barriers	Reduce Compulsive/Addictive Behavior	
Identify Behavioral Consequences	Reduce Family Stress	
Identify Issues Regarding Separation	Reduce Frequency/Intensity of Symptoms	
Identify Personal Strengths	Reduce Hopelessness and Desperation	
Identify Resources/Natural Support in Com	Reduce Individual Level of Stress	
Identify Source(s) of Family Conflict	Reduce Physical Aggression	
Identify Start/Root of Issue	Reduce Reaction to Trauma Triggers	
Identify Triggers for Behavior	Reduce Risk of Harm	
Identify/Acknowledge Trauma	Reduce Self-Injurious Behaviors	

Area of Need: Lack of Physical Health Care

Goal: Obtain physical health care

Objectives:

- Access Resources/Natural Support in Comm
- Address Outstanding Financial Issues
- Adjust to Life-Cycle Transition
- Assessment of Risk
- Complete Physical Exam and/or Lab Work
- Complete Treatment as Planned
- Develop Coping Skills to Manage Issue(s)
- Educate Parent/Guardian
- Educate Spouse/Partner
- Educate Support System/Family/Friends
- Encourage Connection to PrimaryCare Prov
- Engage with Peer Recovery Resources
- Expand and Utilize Support System
- Identify//Access Community Activities
- Identify Barriers
- Identify Physical Health Care Needs
- Identify Resources//Natural Support in Com
- Identify//Obtain Health Insurance
- Learn//Practice Communication Skills
- Learn//Practice Coping Skills
- Learn//Practice Goal Setting
- Learn//Practice Identifying Needs
- Learn//Practice Problem Solving Skills
- Learn//Practice Public Transport Skills
- Linkage to PCP or Comm'ty Medical Clinic
- Obtain Medical/Dental Exam
- Obtain Medication Services
- Other
- Reduce Family Stress
- Reduce Individual Level of Stress
- Reduce Risk of Harm

Area of Need: Legal

Goal: Fulfill legal obligations

Objectives:

Accept Feedback from Others	Learn/Practice Organization and Planning
Access Resources/Natural Support in Comm	Learn/Practice Problem Solving Skills
Address Outstanding Financial Issues	Learn/Practice Self-Monitoring
Address Outstanding Legal Issues	Learn/Practice Social Skills
Assess Situation and Identify Needs	Learn/Practice Symptom Management
Assessment of Risk	Obtain Legal Representation/Services
Complete Treatment as Planned	Other
Comply with Drug/Alcohol Screens	Reduce Family Stress
Comply with Laws	Reduce Frequency/Intensity of Symptoms
Cooperate with Criminal Justice System	Reduce Hopelessness and Desperation
Develop Coping Skills to Manage Issue(s)	Reduce Incarceration
Develop/Follow Routine or Structure	Reduce Individual Level of Stress
Educate Parent/Guardian	Reduce Physical Aggression
Educate Spouse/Partner	Reduce Risk of Harm
Educate Support System/Family/Friends	Reduce Use of Drugs Including Alcohol
Engage with Peer Recovery Resources	
Expand and Utilize Support System	
Identify//Access Community Activities	
Identify Alternative Behaviors	
Identify Barriers	
Identify Behavioral Consequences	
Identify Patterns in Compulsive Behavior	
Identify Personal Strengths	
Identify Resources/Natural Support in Com	
Identify Triggers for Behavior	
Learn/Pract Appropriate Emotional Expres	
Learn/Practice Alternative Behaviors	
Learn/Practice Anger Management	
Learn/Practice Avoiding Impulsivity	
Learn/Practice Communication Skills	
Learn/Practice Coping Skills	
Learn/Practice Goal Setting	
Learn/Practice Healthy Disagreement	
Learn/Practice Identifying Needs	
Learn/Practice Medication Adherence	
Learn/Practice Money Management	

Area of Need: Meaningful Role (tied to self-determination)

Goal: Increase self-determination

Objectives:

Accept Feedback from Others
Access Resources/Natural Support in Comm
Address Abuse/Neglect Issues
Address Cultural Identity Issues
Address Gender Identity/Practices Issues
Address Sexual Issues
Adjust to Life-Cycle Transition
Assess Interests and Abilities
Assess Situation and Identify Needs
Clarify Educational Needs
Clarify Job Dissatisfaction
Complete Treatment as Planned
Comply with Laws
Develop Artistic/Creative Activities
Develop Coping Skills to Manage Issue(s)
Develop Recreational/Leisure Activities
Develop Wellness Recovery Action Plan
Educate Parent/Guardian
Educate Spouse/Partner
Educate Support System/Family/Friends
Engage with Peer Recovery Resources
Evaluate/Change Education Environment
Evaluate/Change Work Environment
Evaluate/Change/Stabilize Livingsituatio
Expand and Utilize Support System
Explore Spirituality
Identify//Access Community Activities
Identify Alternative Behaviors
Identify Barriers
Identify Behavioral Consequences
Identify Personal Strengths
Identify Resources/Natural Support in Com
Identify Start/Root of Issue
Identify//Acknowledge Trauma
Identify//Improve Technical Skills
Improve Self Identity/Esteem

Increase Quality Time in Relationship
Learn/Practice Community Living Skills
Learn/Practice Coping Skills
Learn/Practice Goal Setting
Learn/Practice Healthy Boundaries
Learn/Practice Healthy Disagreement
Learn/Practice Identifying Needs
Learn/Practice Job Skills
Learn/Practice Medication Adherence
Learn/Practice Pers Daily Living Skills
Learn/Practice Problem Solving Skills
Learn/Practice Regular Exercise
Learn/Practice Relaxation Techniques
Learn/Practice Self-Monitoring
Learn/Practice Symptom Management
Other
Participate in Education/Training Program
Reduce Avoidance and Isolation
Reduce Frequency/Intensity of Symptoms
Reduce Hospitalization
Reduce Incarceration
Reduce Use of Drugs Including Alcohol
Secure/Hold Stable Employment

Area of Need: Neglect/Abuse
Goal: Reduce threat to safety
Objectives:

Access Resources/Natural Support in Comm	Improve Child-Parent Interactions
Address Abuse/Neglect Issues	Improve Family Relationships
Address Cultural Identity Issues	Interact Appropriately with Others
Address Gender Identity/Practices Issues	Learn/Follow Housing Rules
Address Sexual Issues	Learn/Pract Appropriate Emotional Expres
Adjust to Life-Cycle Transition	Learn/Practice Alternative Behaviors
Assess Situation and Identify Needs	Learn/Practice Anger Management
Assessment of Risk	Learn/Practice Communication Skills
Attend Classes	Learn/Practice Community Living Skills
Complete Physical Exam and/or Lab Work	Learn/Practice Coping Skills
Complete Treatment as Planned	Learn/Practice Goal Setting
Comply with Laws	Learn/Practice Healthy Boundaries
Cooperate with Criminal Justice System	Learn/Practice Healthy Disagreement
Develop Coping Skills to Manage Issue(s)	Learn/Practice Identifying Needs
Develop Wellness Recovery Action Plan	Learn/Practice Medication Adherence
Develop/Follow Routine or Structure	Learn/Practice Problem Solving Skills
Develop/Practice Personal Safety Skills	Learn/Practice Safe Sex
Educate Parent/Guardian	Learn/Practice Self-Monitoring
Educate Spouse/Partner	Learn/Practice Symptom Management
Educate Support System/Family/Friends	Other
Engage with Peer Recovery Resources	Participate in Recovery Classes
Evaluate/Change/Stabilize Living/Situatio	Participate in Reunification Plan
Exhibit Appropriate School Behavior	Reduce Family Stress
Expand and Utilize Support System	Reduce Frequency/Intensity of Symptoms
Identify/Access Community Activities	Reduce Hospitalization
Identify Alternative Behaviors	Reduce Incarceration
Identify Barriers	Reduce Individual Level of Stress
Identify Behavioral Consequences	Reduce Physical Aggression
Identify Issues Regarding Separation	Reduce Risk of Harm
Identify Personal Strengths	Reduce Self-Injurious Behaviors
Identify Resources/Natural Support in Com	Reduce Use of Drugs Including Alcohol
Identify Source(s) of Family Conflict	Understand Need for Medication
Identify Start/Root of Issue	
Identify Triggers for Behavior	
Identify/Acknowledge Trauma	
Improve Care Giving Skills	

Area of Need: Neurological/Brain Impairment
Goal: Improve daily functioning
Objectives:

Accept Feedback from Others	Learn/Pract Appropriate Emotional Express	Reduce Physical Aggression
Access Resources/Natural Support in Comm	Learn/Practice Alternative Behaviors	Reduce Risk of Harm
Address Cultural Identity Issues	Learn/Practice Anger Management	Reduce Self-Injurious Behaviors
Address Outstanding Legal Issues	Learn/Practice Communication Skills	Reduce Social Anxiety
Address Sexual Issues	Learn/Practice Community Living Skills	Reduce Use of Drugs Including Alcohol
Adjust to Life-Cycle Transition	Learn/Practice Coping Skills	Schedule/Attend Neuropsychological Eval
Attend Classes	Learn/Practice Goal Setting	Understand Need for Medication
Complete Treatment as Planned	Learn/Practice Good Nutrition	
Develop Artistic/Creative Activities	Learn/Practice Good Sleep Habits	
Develop Coping Skills to Manage Issue(s)	Learn/Practice Healthy Boundaries	
Develop Recreational/Leisure Activities	Learn/Practice Healthy Disagreement	
Develop Wellness Recovery Action Plan	Learn/Practice Identifying Needs	
Develop/Follow Routine or Structure	Learn/Practice Maintaining Friendships	
Develop/Practice Personal Safety Skills	Learn/Practice Medication Adherence	
Educate Parent/Guardian	Learn/Practice Money Management	
Educate Spouse/Partner	Learn/Practice Organization and Planning	
Educate Support System/Family/Friends	Learn/Practice Pers Daily Living Skills	
Encourage Connection to PrimaryCare Prov	Learn/Practice Problem Solving Skills	
Engage with Peer Recovery Resources	Learn/Practice Public Transport Skills	
Exhibit Appropriate School Behavior	Learn/Practice Regular Exercise	
Expand and Utilize Support System	Learn/Practice Relaxation Techniques	
Identify/Access Community Activities	Learn/Practice Safe Sex	
Identify Alternative Behaviors	Learn/Practice Self-Monitoring	
Identify Barriers	Learn/Practice Social Skills	
Identify Behavioral Consequences	Learn/Practice Symptom Management	
Identify Medication Side Effects	Linkage to PCP or Comm'ly Medical Clinic	
Identify Personal Strengths	Other	
Identify Physical Health Care Needs	Participate in Mental Health Treatment	
Identify Resources/Natural Support in Com	Participate in Recovery Classes	
Identify Start/Root of Issue	Provide for Own Food/Clothing/Shelter	
Identify Triggers for Behavior	Reduce Avoidance and Isolation	
Improve Child-Parent Interactions	Reduce Compulsive/Addictive Behavior	
Increase Quality Time in Relationship	Reduce Frequency/Intensity of Symptoms	
Interact Appropriately with Others	Reduce Hospitalization	
Learn to Identify Symptoms	Reduce Incarceration	
Learn/Follow Housing Rules	Reduce Individual Level of Stress	

Area of Need: Physical Health Problems

Goal: Improve physical health

Objectives:

Access Resources/Natural Support in Comm	Learn/Practice Coping Skills
Address Cultural Identity Issues	Learn/Practice Goal Setting
Address Gender Identity/Practices Issues	Learn/Practice Good Nutrition
Address Outstanding Financial Issues	Learn/Practice Good Sleep Habits
Address Sexual Issues	Learn/Practice Identifying Needs
Adjust to Life-Cycle Transition	Learn/Practice Medication Adherence
Assessment of Risk	Learn/Practice Pain Management
Attend Classes	Learn/Practice Pers Daily Living Skills
Complete Physical Exam and/or Lab Work	Learn/Practice Problem Solving Skills
Complete Treatment as Planned	Learn/Practice Regular Exercise
Develop Coping Skills to Manage Issue(s)	Learn/Practice Relaxation Techniques
Develop Recreational/Leisure Activities	Learn/Practice Safe Sex
Develop Wellness Recovery Action Plan	Learn/Practice Self-Monitoring
Develop/Follow Routine or Structure	Learn/Practice Symptom Management
Develop/Use Relapse Prevention Plan	Linkage to PCP or Comm'ty Medical Clinic
Educate Parent/Guardian	Obtain Medical/Dental Exam
Educate Spouse/Partner	Obtain Medication Services
Educate Support System/Family/Friends	Other
Encourage Connection to Primary/Care Prov	Participate in Medical/Dental Treatment
Engage with Peer Recovery Resources	Reduce Compulsive/Addictive Behavior
Expand and Utilize Support System	Reduce Frequency/Intensity of Symptoms
Identify/Access Community Activities	Reduce Hospitalization
Identify Alternative Behaviors	Reduce Individual Level of Stress
Identify Barriers	Reduce Risk of Harm
Identify Behavioral Consequences	Reduce Self-Injurious Behaviors
Identify Medication Side Effects	Reduce Use of Drugs Including Alcohol
Identify Patterns in Compulsive Behavior	Schedule/Attend Neuropsychological Eval
Identify Personal Strengths	Understand Need for Medication
Identify Physical Health Care Needs	
Identify Resources/Natural Support in Com	
Identify Start/Root of Issue	
Identify Triggers for Behavior	
Identify/Obtain Health Insurance	
Learn to Identify Symptoms	
Learn/Practice Alternative Behaviors	
Learn/Practice Communication Skills	

Area of Need: Potential for Harm Self/Others

Goal: Reduce potential for harm

Objectives:

Accept Feedback from Others	Learn/Practice Coping Skills
Access Resources/Natural Support in Comm	Learn/Practice Goal Setting
Address Abuse/Neglect Issues	Learn/Practice Good Sleep Habits
Address Sexual Issues	Learn/Practice Healthy Boundaries
Assessment of Risk	Learn/Practice Healthy Disagreement
Attend Classes	Learn/Practice Identifying Needs
Complete Physical Exam and/or Lab Work	Learn/Practice Medication Adherence
Complete Treatment as Planned	Learn/Practice Pers Daily Living Skills
Cooperate with Criminal Justice System	Learn/Practice Problem Solving Skills
Develop Coping Skills to Manage Issue(s)	Learn/Practice Regular Exercise
Develop Wellness Recovery Action Plan	Learn/Practice Relaxation Techniques
Develop/Follow Routine or Structure	Learn/Practice Safe Sex
Develop/Practice Personal Safety Skills	Learn/Practice Self-Monitoring
Educate Parent/Guardian	Learn/Practice Symptom Management
Educate Spouse/Partner	Other
Educate Support System/Family/Friends	Participate in Education/Training Program
Engage with Peer Recovery Resources	Participate in Mental Health Treatment
Evaluate/Change/Stabilize Living Situation	Participate in Reunification Plan
Expand and Utilize Support System	Reduce Compulsive/Addictive Behavior
Identify/Access Community Activities	Reduce Family Stress
Identify Alternative Behaviors	Reduce Frequency/Intensity of Symptoms
Identify Barriers	Reduce Hospitalization
Identify Behavioral Consequences	Reduce Incarceration
Identify Personal Strengths	Reduce Individual Level of Stress
Identify Resources/Natural Support in Com	Reduce Physical Aggression
Identify Source(s) of Family Conflict	Reduce Risk of Harm
Identify/Acknowledge Trauma	Reduce Self-Injurious Behaviors
Improve Care Giving Skills	Reduce Use of Drugs Including Alcohol
Improve Child-Parent Interactions	Understand Need for Medication
Improve Family Relationships	
Learn to Identify Symptoms	
Learn/Pract Appropriate Emotional Expres	
Learn/Practice Alternative Behaviors	
Learn/Practice Anger Management	
Learn/Practice Communication Skills	
Learn/Practice Community Living Skills	

Area of Need: Social Functioning
Goal: Improve social functioning
Objectives:

Accept Feedback from Others	Identify Medication Side Effects	Learn/Practice Self-Monitoring
Access Resources/Natural Support in Comm	Identify Personal Strengths	Learn/Practice Social Skills
Address Abuse/Neglect Issues	Identify Resources/Natural Support in Comm	Learn/Practice Symptom Management
Address Cultural Identity Issues	Identify Source(s) of Family Conflict	Other
Address Gender Identity/Practices Issues	Identify Start/Root of Issue	Participate in Education/Training Program
Address Outstanding Financial Issues	Identify Triggers for Behavior	Participate in Mental Health Treatment
Address Sexual Issues	Identify/Acknowledge Trauma	Participate in Recovery Classes
Adjust to Life-Cycle Transition	Improve Care Giving Skills	Participate in Reunification Plan
Assess Interests and Abilities	Improve Child-Parent Interactions	Reduce Avoidance and Isolation
Assess Situation and Identify Needs	Improve Family Relationships	Reduce Compulsive/Addictive Behavior
Assessment of Risk	Improve Self Identity/Esteem	Reduce Family Stress
Attend Classes	Increase Quality Time in Relationship	Reduce Frequency/Intensity of Symptoms
Complete Treatment as Planned	Interact Appropriately with Others	Reduce Hospitalization
Develop Artistic/Creative Activities	Learn to Identify Symptoms	Reduce Incarceration
Develop Coping Skills to Manage Issue(s)	Learn/Follow Housing Rules	Reduce Individual Level of Stress
Develop Cultural Identity/Practices	Learn/Pract Appropriate Emotional Express	Reduce Physical Aggression
Develop Recreational/Leisure Activities	Learn/Practice Acculturation	Reduce Risk of Harm
Develop Wellness Recovery Action Plan	Learn/Practice Alternative Behaviors	Reduce Self-Injurious Behaviors
Develop/Follow Routine or Structure	Learn/Practice Anger Management	Reduce Social Anxiety
Develop/Practice Personal Safety Skills	Learn/Practice Communication Skills	Reduce Use of Drugs Including Alcohol
Educate Parent/Guardian	Learn/Practice Community Living Skills	Understand Need for Medication
Educate Spouse/Partner	Learn/Practice Coping Skills	
Educate Support System/Family/Friends	Learn/Practice Goal Setting	
Engage with Peer Recovery Resources	Learn/Practice Good Sleep Habits	
Evaluate/Change Education Environment	Learn/Practice Healthy Boundaries	
Evaluate/Change Work Environment	Learn/Practice Healthy Disagreement	
Evaluate/Change/Stabilize Living Situation	Learn/Practice Identifying Needs	
Exhibit Appropriate School Behavior	Learn/Practice Maintaining Friendships	
Expand and Utilize Support System	Learn/Practice Medication Adherence	
Explore Spirituality	Learn/Practice Organization and Planning	
Identify/Access Community Activities	Learn/Practice Pers Daily Living Skills	
Identify Alternative Behaviors	Learn/Practice Problem Solving Skills	
Identify Barriers	Learn/Practice Public Transport Skills	
Identify Behavioral Consequences	Learn/Practice Regular Exercise	
Identify Irrational Thoughts	Learn/Practice Relaxation Techniques	
Identify Issues Regarding Separation	Learn/Practice Safe Sex	

Area of Need: Spiritual

Goal: Increase inner peace

Objectives:

Accept Feedback from Others	Learn to Identify Symptoms
Access Resources/Natural Support in Comm	Learn/Pract Appropriate Emotional Express
Address Cultural Identity Issues	Learn/Practice Alternative Behaviors
Address Gender Identity/Practices Issues	Learn/Practice Anger Management
Address Outstanding Financial Issues	Learn/Practice Communication Skills
Address Outstanding Legal Issues	Learn/Practice Coping Skills
Address Sexual Issues	Learn/Practice Goal Setting
Adjust to Life-Cycle Transition	Learn/Practice Healthy Disagreement
Attend Classes	Learn/Practice Identifying Needs
Complete Treatment as Planned	Learn/Practice Maintaining Friendships
Develop Artistic/Creative Activities	Learn/Practice Medication Adherence
Develop Coping Skills to Manage Issue(s)	Learn/Practice Organization and Planning
Develop Recreational/Leisure Activities	Learn/Practice Problem Solving Skills
Develop/Follow Routine or Structure	Learn/Practice Regular Exercise
Develop/Practice Personal Safety Skills	Learn/Practice Relaxation Techniques
Develop/Use Journaling	Learn/Practice Self-Monitoring
Educate Parent/Guardian	Learn/Practice Symptom Management
Educate Spouse/Partner	Other
Educate Support System/Family/Friends	Participate in Reunification Plan
Engage with Peer Recovery Resources	Reduce Avoidance and Isolation
Exhibit Appropriate School Behavior	Reduce Compulsive/Addictive Behavior
Expand and Utilize Support System	Reduce Family Stress
Explore Spirituality	Reduce Frequency/Intensity of Symptoms
Identify/Access Community Activities	Reduce Hospitalization
Identify Alternative Behaviors	Reduce Incarceration
Identify Barriers	Reduce Individual Level of Stress
Identify Behavioral Consequences	Reduce Physical Aggression
Identify Personal Strengths	Reduce Reaction to Trauma Triggers
Identify Resources/Natural Support in Com	Reduce Risk of Harm
Identify Source(s) of Family Conflict	Reduce Self-Injurious Behaviors
Identify Start/Root of Issue	Reduce Social Anxiety
Identify Triggers for Behavior	Understand Need for Medication
Identify/Acknowledge Trauma	
Improve Self Identity/Esteem	
Increase Quality Time in Relationship	
Interact Appropriately with Others	

Area of Need: Stress

Goal: Reduce Stress

Objectives:

Accept Feedback from Others	Identify/Access Community Activities	Learn/Practice Maintaining Friendships
Access Resources/Natural Support in Comm	Identify Alternative Behaviors	Learn/Practice Medication Adherence
Address Abuse/Neglect Issues	Identify Barriers	Learn/Practice Money Management
Address Cultural Identity Issues	Identify Behavioral Consequences	Learn/Practice Organization and Planning
Address Gender Identity/Practices Issues	Identify Issues Regarding Separation	Learn/Practice Pers Daily Living Skills
Address Outstanding Financial Issues	Identify Personal Strengths	Learn/Practice Problem Solving Skills
Address Outstanding Legal Issues	Identify Physical Health Care Needs	Learn/Practice Regular Exercise
Address Sexual Issues	Identify Resources/Natural Support in Com	Learn/Practice Relaxation Techniques
Adjust to Life-Cycle Transition	Identify Source(s) of Family Conflict	Learn/Practice Safe Sex
Assessment of Risk	Identify Triggers for Behavior	Learn/Practice Self-Monitoring
Attend Classes	Identify/Acknowledge Trauma	Learn/Practice Social Skills
Clarify Job Dissatisfaction	Identify/Improve Technical Skills	Learn/Practice Symptom Management
Complete Physical Exam and/or Lab Work	Improve Care Giving Skills	Linkage to PCP or Comm'ty Medical Clinic
Complete Treatment as Planned	Improve Child-Parent Interactions	Other
Cooperate with Criminal Justice System	Improve Family Relationships	Participate in Mental Health Treatment
Develop Artistic/Creative Activities	Improve Self Identity/Esteem	Participate in Recovery Classes
Develop Coping Skills to Manage Issue(s)	Increase Quality Time in Relationship	Participate in Reunification Plan
Develop Recreational/Leisure Activities	Interact Appropriately with Others	Reduce Avoidance and Isolation
Develop Wellness Recovery Action Plan	Learn to Identify Symptoms	Reduce Compulsive/Addictive Behavior
Develop/Follow Routine or Structure	Learn/Follow Housing Rules	Reduce Family Stress
Develop/Practice Personal Safety Skills	Learn/Pract Appropriate Emotional Expres	Reduce Frequency/Intensity of Symptoms
Educate Parent/Guardian	Learn/Practice Alternative Behaviors	Reduce Hospitalization
Educate Spouse/Partner	Learn/Practice Anger Management	Reduce Incarceration
Educate Support System/Family/Friends	Learn/Practice Communication Skills	Reduce Individual Level of Stress
Encourage Connection to PrimaryCare Prov	Learn/Practice Community Living Skills	Reduce Physical Aggression
Engage with Peer Recovery Resources	Learn/Practice Coping Skills	Reduce Reaction to Trauma Triggers
Evaluate/Change Education Environment	Learn/Practice Goal Setting	Reduce Risk of Harm
Evaluate/Change Work Environment	Learn/Practice Good Nutrition	Reduce Self-Injurious Behaviors
Evaluate/Change/Stabilize LivingSituatio	Learn/Practice Good Sleep Habits	Reduce Social Anxiety
Exhibit Appropriate School Behavior	Learn/Practice Healthy Boundaries	Reduce Use of Drugs Including Alcohol
Expand and Utilize Support System	Learn/Practice Healthy Disagreement	Secure/Hold Stable Employment
Explore Spirituality	Learn/Practice Identifying Needs	Understand Need for Medication

Area of Need: Trauma

Goal: Reduce effects of trauma

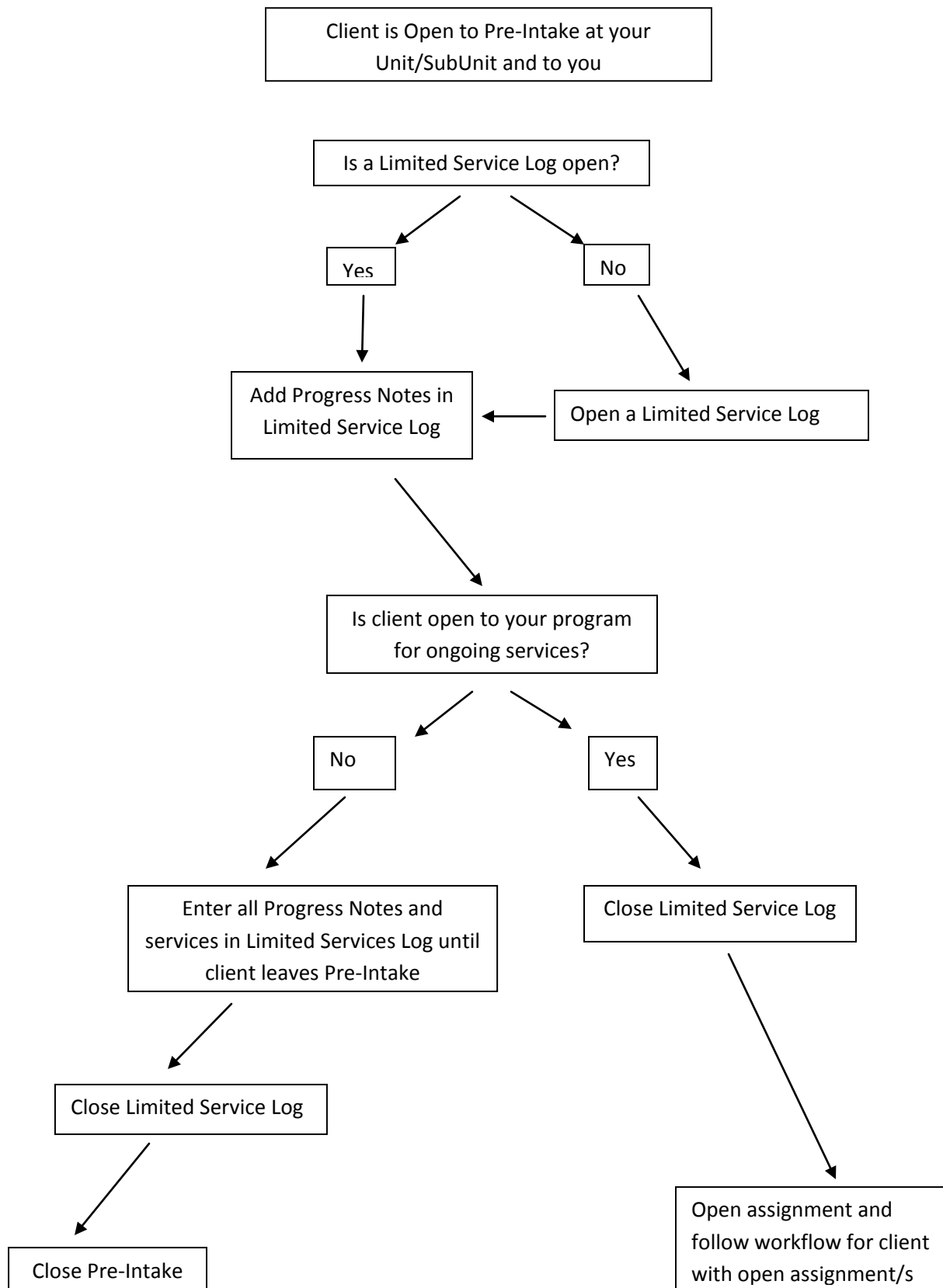
Objectives:

Accept Feedback from Others	Identify/Acknowledge Trauma	Reduce Reaction to Trauma Triggers
Access Resources/Natural Support in Comm	Improve Care Giving Skills	Reduce Risk of Harm
Address Abuse/Neglect Issues	Improve Child-Parent Interactions	Reduce Self-Injurious Behaviors
Address Cultural Identity Issues	Improve Family Relationships	Reduce Social Anxiety
Address Gender Identity/Practices Issues	Improve Self Identity/Esteem	Reduce Use of Drugs Including Alcohol
Address Sexual Issues	Interact Appropriately with Others	Schedule/Attend Neuropsychological Eval
Assessment of Risk	Learn to Identify Symptoms	Understand Need for Medication
Attend Classes	Learn/Pract Appropriate Emotional Express	
Complete Physical Exam and/or Lab Work	Learn/Practice Alternative Behaviors	
Complete Treatment as Planned	Learn/Practice Anger Management	
Develop Coping Skills to Manage Issue(s)	Learn/Practice Communication Skills	
Develop Wellness Recovery Action Plan	Learn/Practice Coping Skills	
Develop/Follow Routine or Structure	Learn/Practice Goal Setting	
Develop/Practice Personal Safety Skills	Learn/Practice Healthy Boundaries	
Educate Parent/Guardian	Learn/Practice Healthy Disagreement	
Educate Spouse/Partner	Learn/Practice Identifying Needs	
Educate Support System/Family/Friends	Learn/Practice Maintaining Friendships	
Engage with Peer Recovery Resources	Learn/Practice Medication Adherence	
Expand and Utilize Support System	Learn/Practice Problem Solving Skills	
Explore Spirituality	Learn/Practice Relaxation Techniques	
Identify/Access Community Activities	Learn/Practice Self-Monitoring	
Identify Alternative Behaviors	Learn/Practice Symptom Management	
Identify Barriers	Other	
Identify Behavioral Consequences	Participate in Reunification Plan	
Identify Irrational Thoughts	Reduce Avoidance and Isolation	
Identify Issues Regarding Separation	Reduce Compulsive/Addictive Behavior	
Identify Patterns in Compulsive Behaviors	Reduce Family Stress	
Identify Personal Strengths	Reduce Frequency/Intensity of Symptoms	
Identify Physical Health Care Needs	Reduce Hospitalization	
Identify Resources/Natural Support in Com	Reduce Incarceration	
Identify Source(s) of Family Conflict	Reduce Individual Level of Stress	
Identify Triggers for Behavior	Reduce Physical Aggression	

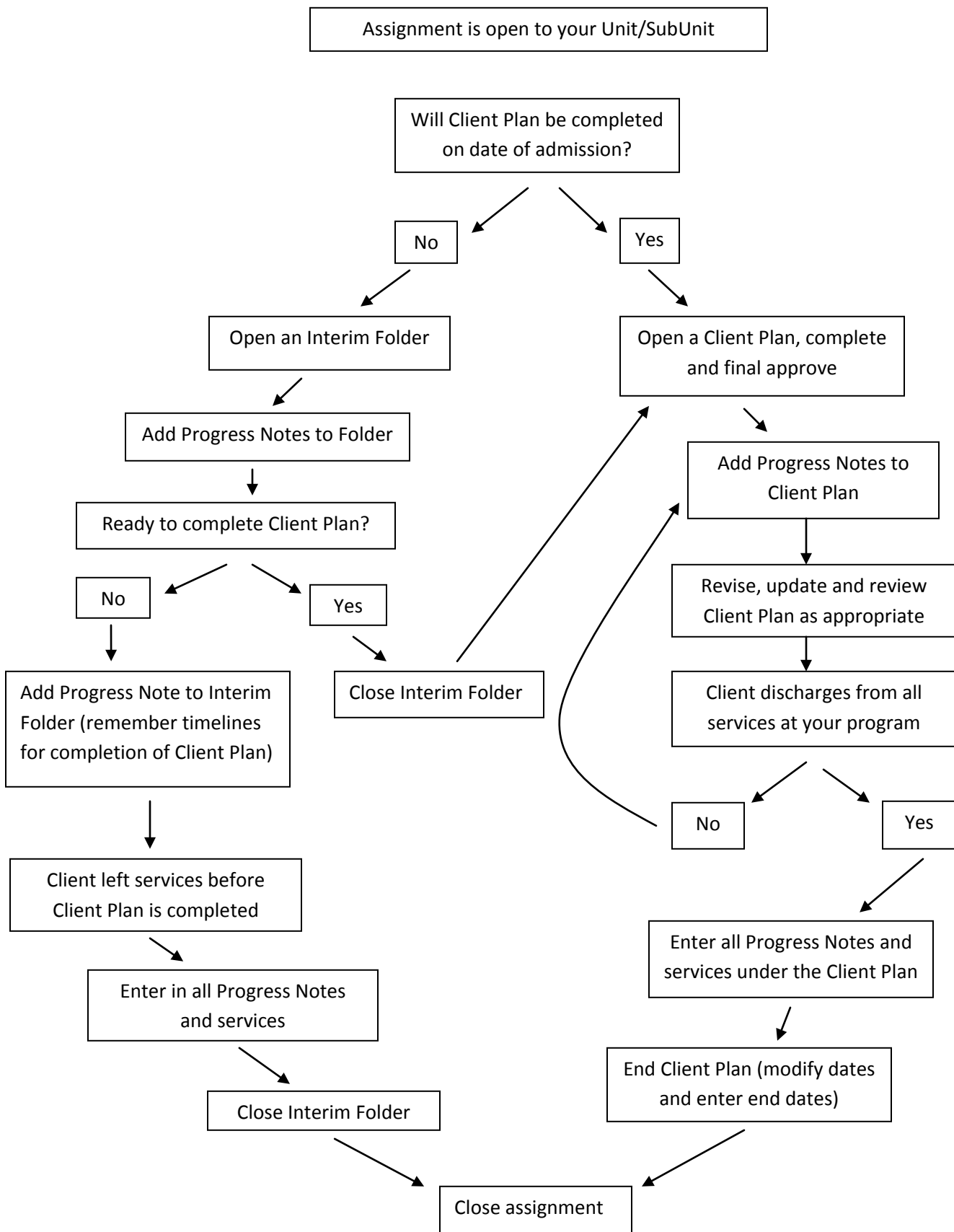
Area of Need: Vocational/Employment
Goal: Improve vocational status
Objectives:

- Accept Feedback from Others
- Access Resources/Natural Support in Comm
- Address Outstanding Financial Issues
- Adjust to Life-Cycle Transition
- Attend Classes
- Clarify Educational Needs
- Clarify Jon Dissatisfaction
- Complete Treatment as Planned
- Develop Coping Skills to Manage Issue(s)
- Develop/Follow Routine or Structure
- Educate Parent/Guardian
- Educate Spouse/Partner
- Educate Support System/Family/Friends
- Engage with Peer Recovery Resources
- Evaluate/Change Education Environment
- Evaluate/Change Work Environment
- Exhibit appropriate School Behavior
- Expand and Utilize Support System
- Identify/Access Community Activities
- Identify Alternative Behaviors
- Identify Barriers
- Identify Behavioral Consequences
- Identify Personal Strengths
- Identify Recources/NaturalSupport in Com
- Identify/Improve Technical Skills
- Learn/Pract Appropriate Emotioanl Expres
- Learn/Practice Alternative Behaviors
- Learn/Practice Anger Management
- Learn/Practice Communication Skills
- Learn/Practice Coping Skills
- Learn/Practice Goal Setting
- Learn/Practice Good Sleep Habits
- Learn/Practice Healthy Boundaries
- Learn/Practice Healthy Disagreement
- Learn/Practice Identifying Needs
- Learn/Practice Job Skills
- Learn/Practice Medication Adherence
- Learn/Practice Money Management
- Learn/Practice Organization and Planning
- Learn/Practice Pers Daily Living Skills
- Learn/Practice Problem Solving Skills
- Learn/Practice Transport Skills
- Learn/Practice Self-Monitoring
- Learn/Practice Social Skills
- Learn/Practice Symptom Management
- Other
- Participate in Education/Training Program
- Reduce Frequency/Intensity of Symptoms
- Reduce Individual Level of Stress
- Reduce Physical Aggression
- Reduce Social Anxiety
- Reduce Use of Drugs Including Alcohol
- Secure/Hold Stable Employment
- Understand Need for Medication

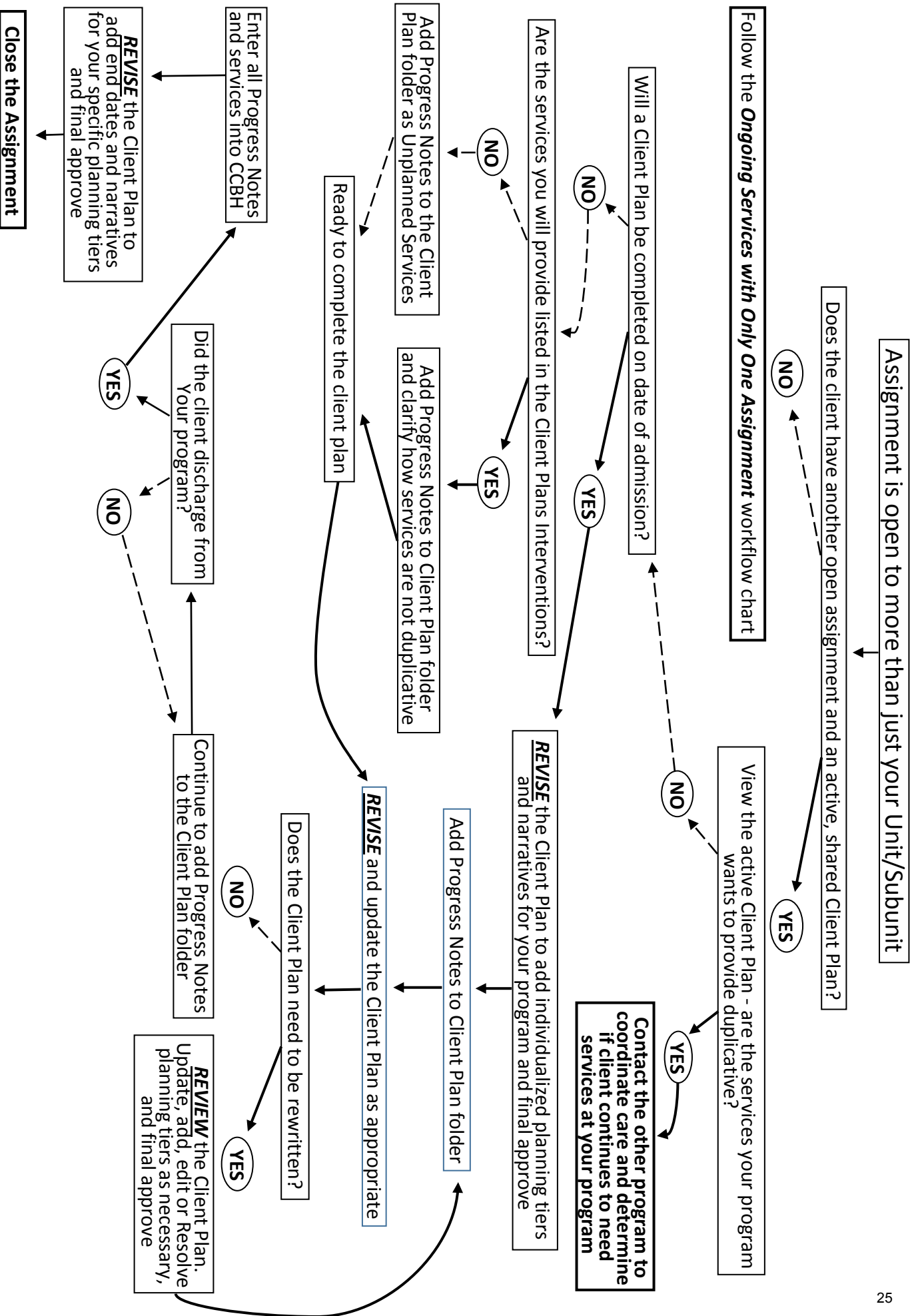
Pre-Intake Client and Progress Notes



Clients with Ongoing Services and Only One Assignment



Shared Client Plan - Client with Services from More than One Program of the same Service Type



Adding TBS to Client Plans

In order for TBS to provide services, the referring provider must indicate on their Client Plan that TBS will be assisting the Specialty Mental Health Provider.

Steps to add TBS to a Client Plan

- ⇒ For a new plan select an OBJECTIVE that correlates with the behaviors TBS will address
 - Document in an objective narrative a statement indicating TBS will be assisting in addressing behaviors related to a particular Area of Need.
- ⇒ For an existing plan the plan must be REVISED – which requires a client/guardian SIGNATURE Select the OBJECTIVE that correlates with the behaviors TBS will address
 - Beginning with the date Add to an existing objective narrative a statement indicating TBS will be assisting to help address behaviors related to a particular Area of Need.
- ⇒ **IF** TBS will be addressing behaviors or an impairment that is not indicated on the plan as an area of concern then the Area of Need narrative must be updated to reflect this needed area of treatment.

Frequently Asked TBS related Questions:

1. What is the timing for adding TBS to the Client Plan?
A: The sooner the better! The TBS program must have an indication of their services to your EHR Client Plan (this is a State Regulation). Once they receive your referral information they will confirm if their services are indicated on your plan. If not they will contact you to add it as they cannot provide their services without the information being on your plan.
2. Do I place the TBS Intervention codes on my Client Plan?
A: No. The TBS Intervention codes are only for the TBS program to use. TBS has its own client plan family and they will be creating their own separate Client Plan which will have a different emphasis (being strictly behavioral) and they will place the TBS Intervention codes on their plan.
3. Since TBS sometimes serve clients who have a Fee For Service (FFS) provider who does not enter a Client Plan in CCBH will TBS complete a Client Plan in CCBH as well as a TBS Client Plan?
A: The TBS provider will develop a TBS Client Plan in CCBH however they will obtain and keep a paper Client Plan from the FFS provider in a supplemental client chart.

Pathways to Well Being (Katie A) Services

“Katie A.” is a shorthand way of referring to the settlement agreement for a lawsuit brought against the County of Los Angeles and the State of California. The result is that specific collaboration between County Behavioral Health Systems and Children’s Welfare Services is mandated so that certain children in both systems of care are guaranteed to receive intensive services to address their needs of safety, permanency and well-being.”

“In San Diego County, we refer to “Katie A.” as “Pathways to Well-Being” or the acronym “PWB.” There have been several trainings on PWB, so if you are unfamiliar with this and the services provided (and you work in the Children’s System of Care) talk to your program manager for more specific information.”

“What you need to know for CP/PN training is that clients who have been identified as PWB clients will have had a “switch” turned on in CCBH indicating that they meet criteria to receive specific services. This “switch” will have been turned on by your program or another program that is collaborating with your program.”

“Certain children who are eligible for PWB services must receive a specific service called “Intensive Care Coordination,” also known by the acronym “ICC.” This is service code 82 in San Diego County BHS. So if you are creating a client plan for these PWB eligible children, you must include service code 82 as an intervention.”

“Another service these children are eligible to receive is called “Intensive Home Based Service” or IHBS. This is service code 83 in San Diego County BHS. This is not a required service for PWB eligible children – it is based on need. So this MAY be on your Client Plan.”

“These service codes are ONLY to be used with children who are eligible for PWB services, so you’ll never use them unless you know the child has been determined to meet eligibility requirements.”

“There is a lot more to know about PWB that is beyond the scope of this training. Please consult your program manager about specific forms, responsibilities, treatment approaches and trainings that are required.”

**County of San Diego Mental Health Services
CLIENT PLAN**

Client Name:

Case #:

Program Name:

Unit/SubUnit:

Client Plan Begin Date:

Client Plan End Date:

PLANNING TIERS

Strength: (Identify client strength(s) from the Strengths Table. These are what the client/support persons/staff identifies as general strengths for the client. Identify strength and individualize. Document strength(s) and how the client will utilize his/her strength(s) to meet the treatment objective(s) in the narrative areas below)

Strength: (Choose from Strengths Table):

Narrative:

Strength: (Choose from Strengths Table):

Narrative:

Strength: (Choose from Strengths Table):

Narrative:

Strength: (Choose from Strengths Table):

Narrative:

Area of Need: (Choose from Area of Need Options. This is an area in which a level of impairment is identified by the client/support persons/staff. Identify the need and individualize. Document the client's specific emotional/behavioral/psychiatric need for treatment. Use client's own words to individualize.)

Area of Need:

Narrative:

Goal: (Enter Goal determined by Area of Need selected.)

Goal:

Narrative: SEE OBJECTIVE(S) PLANNING TIER

Objective: (Identify an objective from the Objectives listed under the Area of Need selected. These are action steps that the client will focus on in order to achieve his/her goal. Identify the objective and individualize.)

Please Note: If there are several Areas of Need being the focus of treatment it is possible to choose one general Objective and then list the Objectives numerically. All Areas of Need must be addressed in an Objective Tier. Objective(s) shall be specific, observable, measurable and related to the Area of Need)

**County of San Diego Mental Health Services
CLIENT PLAN**

Objective #1:

Narrative:

Objective #2:

Narrative:

Objective #3:

Narrative:

Interventions: (Identify each regularly used interventions. Service codes are considered interventions – Each intervention must be individualized for how it will be used to assist the client achieve each Objective listed. For every objective utilizing an intervention, describe the specific strategies used and how the strategies will address the functional impairment(s) or prevent deterioration or if under 21, allow developmental progress or correct/ameliorate the condition.)

Intervention:

Frequency:

Narrative:

Duration:

Intervention:

Frequency:

Narrative:

Duration:

Intervention:

Frequency:

Narrative:

Duration:

Intervention:

Frequency:

Narrative:

Duration:

Intervention:

Frequency:

Narrative:

Duration:

Intervention:

Frequency:

Narrative:

Duration:

Intervention:

Frequency:

Narrative:

Duration:

**County of San Diego Mental Health Services
CLIENT PLAN**

Intervention:

Frequency:

Narrative:

Duration:

Intervention:

Frequency:

Narrative:

Duration:

Intervention:

Frequency:

Narrative:

Duration:

**County of San Diego Mental Health Services
CLIENT PLAN**

Explained in client's primary language of:

No (if no, document reason):

Explained in guardian's primary language of:

No (if no, document reason):

Client offered a copy of the plan:

Yes

No (if no, document reason):

SIGNATURES:

Client: _____

Date: _____

Refused to sign **Explanation:**

Parent/Guardian Signature: _____

Date: _____

Conservator Signature: _____

Date: _____

Other Signature: _____

Date: _____

Signature of Staff Requiring Co-Signature:

Date: _____

Printed Name

ID Number: _____

***Signature of Staff Completing/Accepting Client Plan:**

Date: _____

Printed Name

ID Number: _____