

Adeegyada Caafimaadka Dhaqanka (BHS) - Ogeysiiska Macluumaadka

Ku:	Qorshaha Caafimaadka Maskaxda iyo Ka-faa'iideystayaasha Nidaamka Bixinta Abaabulan ee Medi-Cal
Ka:	Adeegyada Caafimaadka Dhaqanka
Taariikhda:	Maarso 6, 2025
Horyaalka	Buug-gacmeedka Xubinta Isku-dhafan - Ogeysiiska Isbeddellada Muhiimka ah

Markii ugu horeysay ee aad bilawday in aad adeegyada ka hesho barnaamijka, waxa lagu siiyay nuqul ka mid ah Buug-gacmeedka Xubinta kaas oo sharaxay faa'iidooyinkaaga, sida loo helo daryeelka, uguna jawaabay su'aalaha ku saabsan nidaamka Adeegyada Caafimaadka Dhaqanka ee Degmada San Diego.

Nidaamkeena gudbinta caafimaadka habdhaqanka waxaa looga baahan yahay inuu siiyo xubin kasta ogaysiis kasta oo isbedel weyn oo ku yimaadda macluumaadka buug-gacmeedka ugu yaraan 30 maalmood ka hor taariikhda la doonayo inuu dhaqan galo isbeddelka. Hoos waxaa ku qoran liiska faa'iidooyinka cusub ee la heli karo 30 maalmood gudahooda ee ogeysiiskan.

- Balaadhinta Khabiirada Taageerada Asxaabta ee Medi-Cal waxay ka faa'iideysanayaan in lagu daro aagga baarista ee takhasuska. Tani waxa ay ku daraysaa tababaro iyo xirfado dheeraad ah oo loogu talagalay Khabiirada Taageerada Asxaabta ee Medi-Cal ee shahaado haysta kuwaas oo siiya taageerada asaaga shakhsiyadka ku lug leh cadaaladda dembiyada. Taageerada asaaga ah ee dadka ku lug leh ku lug lahaanshaha cadaalada dambiyada waxay inta badan ka bilaabataa xidhiidhka bilowga ah ee fulinta sharciga waxayna taageerayaashu sii wadaan dib-u-soo-celinta iyo dib-u-dhexgalka bulshada ka dib marka laga soo daayo xabsiga. Khabiirada Taageerada asaaga ah ayaa qiimo weyn u leh caawinta aqoonsiga ilaha bulshada dhexdeeda, oo ay ku jiraan fursadaha shaqo iyo guryeynta, kuwaas oo caqabad ku noqon kara shakhsiyadka ku lug leh cadaaladda dembiyada. Isticmaalka hab wargelin ah oo dhaawac ah, asxaabta leh waayo-aragnimada nololaha ee ku lug lahaanshiyaha cadaaladda dembiyada waxay u dhaqmaan sidii tusaalayaal la aamini karo, taageeraan dabeecadaha bulshada u janjeera, dhiirrigeliya u hoggaansanaanta shuruudaha tijaabinta/sidayn sharafeedka, oo bixiya rajo ah inay jirto nolol wanaagsan oo suurtagal ah shakhsiyadka ka tagaya nidaamka cadaaladda dembiyada.
- Ku darida Shaqaalaha Caafimaadka Bulshada ee La xoojiyey kuwaas oo matalaya baaxadda adeegyada ka hortagga ee ballaaran ee ay bixiyaan xubnaha bulshada ee la aamini karo, oo inta badan ay ku jiraan isuduwidada daryeelka degdegga ah, ka-qaybgalka qoto dheer ee bulshada, iyo taageerada gaarka ah ee shakhsiyadka leh baahiyaha caafimaad ee dabeecadda adag. Marka lagu daro wacyigelinta iyo waxbarashada sida caadiga ah ee la xiriirta doorka CHW, CHW la xoojiyay ayaa laga yaabaa inay gacan ka geysato maareynta xaaladaha daba-dheeraada, socodsiiinta nidaamyada daryeelka caafimaadka, bixinta taageerada bulshada, iyo u doodista xubnaha si ay u helaan ilaha lagama maarmaanka ah.

Ogeysiiskan isbeddellada la taaban karo ayaa sidoo kale la heli karaa ah [Optum Beneficiary & Families](https://www.optumsandiego.com/content/SanDiego/sandiego/en/beneficiary_and_families.html) website, https://www.optumsandiego.com/content/SanDiego/sandiego/en/beneficiary_and_families.html

Wixii macluumaad dheeraad ah:

- iimaylka QIMatters.HHSA@sdcounty.ca.gov