QUALITY ASSURANCE – HHSA-BHS MEDICATION MONITORING SCREENING TOOL - AOA OUTPATIENT

QUARTER:	1	2	3	4

Program:	Client:	Gender:	
Psychiatrist:	DOB:	Age:	
Reviewer(s)	Case#:	Ht(in)/Wt(lb): Last MD Visit:	
Reviewer credentials:			
Review Date:	Diagnosis:		
		Allergies:	

Client:

CRITERIA N/A **COMMENTS**

- Medication rationale and dosage is consistent with the community standards.
- 2. Were labs indicated?

Program:

- Were lab results obtained? 2a.
- Were lab results reviewed by medical staff? 2b.
- 2c. Were lab results present in the chart?
- 2d. Were attempts made to obtain appropriate labs?
- 2e. If treatment continues without labs, is there appropriate rationale to continue/discontinue medications?
- Is there evidence of documented clinical justification and/or treatment plan adjustment when requested labs have not been completed for any reason?
- 3. Physical health conditions and treatment are considered when prescribing psychiatric medication(s)?
- 4. No more than 1 medication of each chemical class concurrently without a clearly documented rational.
- 5. Adverse drug reactions and/or side effects are treated and managed effectively.
- Informed Consent for psychotropic medication is required when 6. a new medication is prescribed or when a client resumes taking medication following a documented withdrawal of consent. Informed consent is necessary when there is a change in dosage, but the MD/NP may initially document an anticipated "dosage range" to reduce the frequency of detailed documentation of informed consent. One of two options must be utilized:
 - Option 1: Presence of the BHS Informed Consent for Psychotropic Medication form physically present in the hybrid chart. Signature and/or documented verbal consent acceptable.
 - Option 2: If the MD/NP has chosen to not utilize the above form, all elements must be documented in the clinical note. (*See Note)

Notes:

If labs were not indicated and marked NO, then subquestions a-e should be N/A.

*McFloop not required when missing labs are due to client noncompliance.

*If 2f is marked NO, a McFloop is required with explanation.

- *Note: Elements of informed consent:
 - Explanation of the nature of the mental health condition and why psychotropic medication is being recommended.
 - The general type (antipsychotic, antidepressant, etc.) of medication being prescribed and the medication's specific name.
 - The dose/dose range, frequency and administration route of the medication being prescribed.
 - What situations, if any, warrant taking additional medications.
 - How long it is expected that the client will be taking the medication.
 - Whether there are reasonable treatment alternatives.

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Y N N/A COMMENTS

- 7. Documentation is in accordance with prescribed medication.
- **8.** Documentation includes:
 - 8a. Client's response to medication therapy
 - 8b. Presence/absence of side effects?
 - 8c. The extent of client's adherence with the prescribed medication regiment and relevant instructions?
 - 8d. Client's degree of knowledge regarding management of his/her medication(s).

CONTROLLED SUBSTANCE CRITERIA

- **9.** Dose is within the community standards of the FDA guidelines:
 - 9a. Diazepam max dose 40mg/day
 - 9b. Clonazepam max dose 6mg/day
 - 9c. Lorazepam max dose 6mg/day
 - 9d. Avoid opioid and benzodiazepine combination
- 10. The CURES database is reviewed upon initial prescription of a controlled substance and at least every 6 months thereafter if the prescriber renews the prescription and the substance remains part of treatment.
- 11. Documentation shows absence of BZD abuse.
- For long term use of BZD medication, rationale is documented based on previous failures of other treatment medications or modalities.
- **13.** No more than one anxiolytic is prescribed without a clearly documented rationale.
- **14.** If treatment is for short-term use as a sleep aid, documentation shows evidence that patient has failed previous non-BZD medications.
- **15.** If the patient is requesting medication between doctor visits or escalating doses without physician approval, interventions to address these behaviors are documented.

Please complete a McFloop Form if there are any variances and submit to County QM along with this tool and Submission Form. Forms can be sent via confidential fax to 619-236-1953 or encrypted email

to: Qimatters.hhsa@sdcounty.ca.gov.

Note: This item would be marked **NO** and variance/McFloop required if *any* medication dose listed is not within community standards of FDA Guidelines.