P. Mental Health Services Act- MHSA

In November 2004, California voters passed Proposition 63, the Mental Health Services Act (MHSA) which became law on January 1, 2005. The vision of the MHSA is to build a system in which mental health services are more accessible and effective, utilization of out-of-home and institutional care is reduced, and stigma toward those with serious mental illness (SMI) or serious emotional disturbance (SED) is eliminated.

The MHSA was designed to provide funds to counties to expand services, develop innovative programs, and integrate service plans for children, adults and older adults with a serious mental illness. The MHSA provides resources to support county mental health programs and monitor progress toward statewide goals for children, transition age youth (TAY), adults, older adults, and families. It also addresses a broad continuum of prevention and early intervention needs, and the necessary infrastructure, technology, and training to effectively support the public mental health system.

The MHSA work plan consists of five components:

- 1. Community Services and Supports (CSS)
- 2. Prevention and Early Intervention (PEI)
- 3. Innovations (INN)
- 4. Capital Facilities and Technological Needs (CF/TN)
- 5. Workforce Education and Training (WET)

MHSA Full-Service Partnerships

A number of providers are participating in MHSA Full-Service Partnerships, which provide mental health services to clients and link them with a variety of community supports, designed to increase self-sufficiency and stability. Full-Service Partnership (FSP) programs advance goals to reduce institutionalization and incarceration, reduce homelessness, and provide timely access to help by providing intensive wraparound treatment, rehabilitation, and case management. The FSP program philosophy is to do "whatever it takes" to help individuals achieve their goals, including recovery. Services provided may include, but are not limited to, mental health treatment, medical care, and life-skills training. Funds can also be used to fund permanent supportive housing or housing supports.

Mental Health Services Act (MHSA) Outcomes

Under the MHSA in San Diego, new programs are being started while others are expanding. As the MHSA is implemented across the State, new requirements for outcome reporting are anticipated to document how these funds are changing the lives of mental health clients. Providers receiving MHSA funding will be responsible for complying with any

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new requirements for additional outcome data. programs that have entered into Full-Service Partnerships under the MHSA are required to participate in a State data collection program (DCR) which tracks initial assessments, specialized client assessments, ongoing key incident tracking and quarterly assessments. The State has set timeframes for provisions of each type of data. For more information on DCR, please visit <a href="https://dcs.ncbi.nlm.ncbi

MHSA Community Services and Support (CSS)

CSS providers are tasked with gathering program-specific information outlined in their contract and tracking data on the Quarterly Status Report (QSR). Additionally, CSS providers administer applicable treatment outcome data, and responses are recorded by the Contractor's staff within the EHR or as otherwise directed by the County. This database permits client results to be compiled for individual cases and by program.

MHSA Prevention and Early Intervention (PEI)

PEI providers are tasked with gathering specific demographic data and entering a four-question general survey into mHOMS. The mHOMS database is utilized to hold the data and is managed by the County's Data Centers (HSRC and CASRC). Data can be entered directly into the mHOMS database, or the Data Centers will extract from the contractor's database and enter it into mHOMS. Program-specific outcome and process data, as outlined in the contract, is captured in the Quarterly Status Report (QSR). For more information please see the Outcome Measures Manual or contact mhoms@ucsd.edu.

MHSA Innovation

Innovation providers are tasked with gathering specific demographic data and entering a general question survey into mHOMS. The mHOMS database is utilized for gathering the data and is managed by the County's Data Centers (HSRC and CASRC). Data can be entered directly into the mHOMS database, or the Data Centers will extract data from the contractor's database and enter it into mHOMS. Program-specific data, as outlined in the contract, is captured in the Quarterly Status Reports (QSR).

MHSA Workforce Education and Training (WET)

WET providers are tasked with gathering specific demographic data as specified in their statement of work.

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MHSA System Transformation

Under the MHSA, community-based services and treatment options in San Diego County have been improved, expanded, and transformed by:

- 1. Increasing Client and Family Participation
- 2. Serving More Clients
- 3. Improving Outcomes for Clients
- 4. Decreasing Stigmatization
- 5. Minimizing Barriers to Services
- 6. Increasing Planning and Use of Data
- 7. Increasing Prevention Programming
- 8. Including Primary Care in the Continuum of Care
- 9. Using of Proven, Innovative, Values-Driven and Evidence-Based Programs

With the passing of the Mental Health Services Act the law called for the establishment of the Mental Health Services Oversight and Accountability Commission (MHSOAC). The MHSOAC is responsible for oversight of the MHSA implementation. The MHSOAC holds counties accountable for a number of outcomes. The outcomes include decreases in racial disparities, hospitalizations, incarcerations, out-of-home placements and homelessness while increasing timely access to care. Other outcomes may be required as the State and County evaluate MHSA services. Contractors receiving MHSA funding are responsible for complying with all and any new MHSA requirements.

For current information on MHSA visit: BHS MHSA

For current MHSOAC information visit: <u>Mental Health Services Oversight and Accountability</u> Commission

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